

The Portland High Student Health Center

The Portland High Student Health Center is a medical clinic that has been established as a partnership between the Portland Public Health Division, Portland Public Schools and Maine Medical Center to provide more accessible health care to Portland teens. The goal is to keep students healthy and in school. The Center is not intended to replace the services of a student's regular doctor or health care provider, but will work in tandem with them to better coordinate your child's care.

Eligibility

Any Portland High student with a completed and parent-signed enrollment form on file (see attached) may use the services of the Student Health Center throughout the current school year. Students who are at least 18 years old, emancipated minors, married, or who live independently, may sign permission for themselves.

Services

A few of the services offered at the Student Health Center are listed below. Students are first seen by the school nurse and referred on to the Student Health Center as appropriate.

- Treatment of acute illness or minor injury
- Management of chronic health conditions
- Testing and treatment of sexually transmitted diseases
- Birth control services for sexually active students*
- Physical exams
- Immunizations

* Types of birth control offered would include: birth control pills, Depo-Provera shots, diaphragm, emergency contraception pills and over-the-counter products such as spermicidal foam and condoms.

Staff

The Student Health Center staff consists of a pediatrician, nurse practitioner, and clinic assistant. The school nurse is not a member of the Student Health Center staff, but works closely with them to coordinate student referrals into the clinic and assist with follow-up as needed. Similarly, the Student Health Center staff works in concert with the school social workers and guidance counselors when it is appropriate to better assist the student with their health needs.

Parent Involvement

The Student Health Center staff invites parents to be an integral part of a student's health care plan. Parents are welcome to call or make an appointment to come in to the Student Health Center with questions or concerns about their child's health or accompany them to a Health Center visit as appropriate. Staff will make every effort to inform parents about their child's diagnosis and treatment when appropriate.

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Cost

The enrollment fee to use the Student Health Center is **\$15.00***. This entitles the student to unlimited use of the center throughout the school year. For families with more than one child enrolled in any of our school-based health centers, the cost for the first child is \$15.00 but each additional child is only \$5.00. Payment should be returned along with the attached enrollment form and is non-refundable. If this fee presents a financial hardship for the family, please contact us to let us know and we'll work out a fee arrangement that works for you. No student will be denied services for inability to pay. **For families with children covered by Medicaid insurance, no enrollment fee will be charged.** Instead, Medicaid will be billed for eligible students. Currently, we are unable to bill private insurance.

* This fee covers the cost of services provided on-site at the Student Health Center. The cost of services provided outside the Student Health Center, such as prescriptions, lab work or diagnostic tests, are not included in this fee.

Confidentiality

By law, all medical information kept in a student's health record is confidential and will remain locked at the clinic site. No records or information will be released from the Student Health Center without written consent from the student or parent. The law also allows students to seek services for issues related to reproductive health, mental health or substance abuse without requiring parental notification. Whenever possible, students are encouraged to share their health concerns and treatment information with their parents.

Hours of Service

The Student Health Center hours of operation are listed below. During weekends, school vacations and holidays, the Student Health Center will be closed. Students are encouraged to contact their regular doctor or health care provider if a health need arises during these times.

- Monday, Wednesday & Thursday 12:00 N - 3:00 PM
- Tuesday 8:00 - 11:00 AM

For Further Information

Listed below are phone numbers to call for further information about Student Health Center services and how to enroll.

- Public Health Division, Munjoy Health Station 874-8988
- Portland High Student Health Center 756-8418
- Maryellen O'Toole, Portland High School Nurse 874-8250

Student Health Center
Enrollment Form

Parents - Please complete and sign this enrollment form to give consent for your child to use the Student Health Center. For the special situations, students are allowed to complete and sign the enrollment form themselves. (See consent section, back of form)

Student name _____ Date of birth _____

Address _____ Home phone _____ Work phone _____

School _____ Grade level _____

Parent(s) or legal guardian(s) _____

Address (if different than above) _____ Daytime phone _____

Primary Doctor or Health Care Provider _____

Address _____ Phone _____

Check here if student does not have a primary doctor or health care provider _____

Student Health Information

Please list below any known medical issues or special health concerns that will help us with your child's health care management.

Significant past illnesses, injury or hospitalizations _____

Current health problems _____

Current medications _____

Allergies _____

Is your child going to need any immunizations this year? _____ yes _____ no _____ don't know

Check here if student had his/her last physical exam over one year ago _____

Family Health History – Please check off where there is a family history of any of the following health conditions:

_____ Heart attack
_____ Heart disease
_____ High blood pressure

_____ Diabetes
_____ Cancer
_____ Seizure disorder

_____ High cholesterol
_____ Allergies
_____ Asthma
_____ Immune system disorder

_____ Sickle cell disease
_____ Tuberculosis
_____ Alcohol or drug abuse
_____ Mental illness

(over)

Health Insurance Information

Medicaid coverage? _____ yes _____ no If yes, Medicaid number _____

Private insurance coverage? _____ yes _____ no If yes, company name _____

Check here if student has no health insurance _____

Consent For Services

_____ has my permission to use the Student Health Center.
Student Name

Parent/guardian signature _____ Date _____

Parent or guardian consent is required for Student Health Center enrollment. However, students may sign for themselves in the following special situations.

1. Students who are 18 years old or older
2. Students who are married
3. Students who are emancipated (requires legal court action)
4. Students who are living independently (living separately from parent or guardian for at least 60 days and independent of parental support)

I am a student who fits into one or more of the four special situations listed above and am signing consent for myself. Please circle appropriate number that fits your situation - 1 2 3 4

Student signature _____ Date _____

Consent to Share Health Information

I authorize the sharing of health information with the following health and social service professionals that work together with the Student Health Center staff when it is deemed medically appropriate to do so. **Please check off all of the professionals with whom information can be shared:**

_____ primary doctor or health care provider

_____ dentist

_____ medical specialist

_____ school nurse

_____ school social worker or guidance counselor

Parent/guardian signature _____ Date _____
(or special situation student)

***Please return this form with enrollment fee (fee waived for Medicaid recipients) to the Student Health Center or school nurse or mail/fax to:**

**Munjoy Health Station
134 Congress Street
Portland, ME 04101
Fax 874-8920**